


LIST OF IMPORTANT MEDICINAL PLANTS AND THEIR USES

NB: (Fam - Family, T – Tree, H – Herb, C – Climber, S- shrub)

Plant	Common name / Maturity period	Botanical Name or Family	Parts Used	Average Price(Rs. / Kg)	Medicinal Use
	Amla (T)After 4th year	Embllica officinalis Fam - euphorbiaceac	Fruit	Rs 15 – 45/kg	Vitamin – C, Cough , Diabetes, cold, Laxativ, hyper acidity.
	Ashok (T)10 years onward	Saraca Asoca Fam : Caesalpinanceac	Bark Flower	Dry Bark Rs 125/kg	Menstrual Pain, uterine, disorder, Deiabetes.
	Aswagandha (H), One year	Withania Somnifera Fam: Solanaccac	Root, Leafs	Rs 140/ Kg	Restorative Tonic, stress, nerves disorder, aphrodisiac.
	Bael / Bilva (T)After 4-5 year	Aegle marmelous Fam: Rutaccac	Fruit, Bark	Fruit – Rs 125 / kg Pulp – Rs 60 / Kg	Diarrhoea, Dysentry, Constipation.
	Bhumi Amla (H), with in one year	Phyllanthous amarus Fam : euphorbiaccac	Whole Plant	Rs 40 / Kg	Aenimic, jaundice, Dropsy.
	Brahmi (H) Indian penny worth/one year	Bacopa,Monnieri Fam: Scrophulariaccac	Whole plant	Rs 20 per kg	Nervous, Memory enhancer,mental disorder.
	Chiraita (high altituted) with in one year (H)	Swertia Chiraita Fam : Gentianaccac	Whole Plant	Rs 300-350 / per kg	Skin Desease, Burning, censation, fever.
	Gudmar / madhunasini, after Four year (C)	Gymnema Sylvestre Fam: Asclepiadaccac	Leaves	Rs 50 – 75 per kg	Diabetes, hydrocil, Asthama.
	Guggul (T)after 8 years	Commiphora Wightii Fam: burseraccac	Gum rasine	Rs 80 – 100 per kg	Rheuma tised, arthritis, paralysis, laxative.
	Guluchi / Giloe (C)With in one year	Tinospora CordifoliaFam	Stem	Rs 20 – 25 per kg	Gout, Pile, general debility, fever, Jaundice.
	Calihari / panchanguliaGlori Lily Five years	Gloriosa superba Fam: Liliaccac	Seed, tuber	Rs 60	Skin Desease, Labour pain, Abortion, General debility.

	Kalmegh/ Bhui neem (H) with in one year	Andrographis PaniculataFam : scanthaccac	Whole Plant	Rs 12 - 20	Fever, weekness, release of gas.
	Long peeper / Pippali (C) after two to three years	Peeper longum Fam : Piperaccac	Fruit, Root	Rs 100 – 150 per kg Root – 150 per kg	Appetizer, enlarged spleen , Bronchities, Cold, antidote.
	Makoi (H)Kakamachi/ With in one year	Solanum nigrum Fam: Solanaccac	Fruit/whole plant	Rs 40 per kg Seed – 200 per kg	Dropsy, General debility,Diuretic, anti dysenteric.
	Pashan Bheda / Pathar Chur (H)One year	Coleus barbatus Fam : Lamiaccac	Root	Rs 40-50 per kg	Kidny stone, Calculus.
	Sandal Wood (T)Thirty years onward	Santalum Album Fam: santalinaccac	Heart wood , oil	Rs 350 per kg	Skin disorder, Burning, sensation, Jaundice, Cough.
	Sarpa Gandha (H)After 2 year	Ranwolfia Serpentina Fam: apocynaccac	Root	Root – Rs 60 per kg Seed – Rs 300 per kg	Hyper tension, insomnia.
	Satavari (C)After 2-3 year	Asparagus Racemosus Family: liliaccac	Tuber, root	Rs 20 – 50 per kg	Enhance lactation, general weekness, fatigue, cough.
	Senna (S)With in 1 year	Casia augustifolia Fam: Liliaceae	Dry Tubers	Rs 500/kg seed Rs1200/kg dry	Rheumatism, general debility tonic, aphrodisiac.
	Tulsi (perennial) Each 3 months	Ocimum sanclum Fam: Lamiaccac	Leaves/Seed	Leaves Rs 10/kg	Cough, Cold, bronchitis,expector and.
	Vai Vidanka (C), 2nd year onward	Embelia Ribes Fam: Myrsinaccac	Root, Fruit, Leaves	Rs 40-50 per kg	Skin disease, Snake Bite, Helminthiasis.
	Pippermint (h) Perennial	Mentha pipertia Fam:Lamiaccac	Leaves, Flower, Oil	-	Digestive, Pain killer.
	Henna/Mehdi (S) 1/25 years	Lawsennia iermis Fam: lytharaceae	Leaf,Flower, Seed	L – 50 /kgPowder-Rs75 perkg	Burning, Steam, Anti Imflamatary.

	Gritkumari (H) 2nd-5th yr	Aloe Vera Fam: Liliaceae	Leaves	Fresh L-Rs 5 kgJuice 90 Per Kg	Laxative, Wound healing, Skin burns & care,Ulcer.
	Sada Bahar (H) Periwinkle/Nyantara	Vincea rosea/ catharanthusRos eus Fam :apocyanace	Whole Plant	R-Rs50 per kgL- Rs 25S- Rs 10 kg	Leaukamia, Hypotensiv, Antispasmodic , Atidot.
	Vringraj (H)	Eclipta alba Fam: Compositae	Seed/whol e	Powder- Rs 60/kg	Anti-inflammatory, Digestive, hairtonic.
	Swet chitrak Perennial (h)	Plumbago Zeylanica Fam: Plumbaginaceae	Root, Rootbar	-	Appetiser, Antibacterial, Aticacer.
	Rakta Chitrak (H)	Plumbago Indica Fam : plumbaginaceae	Root, Root bar	-	Indyspeipsia, colic, imflammation, cough.
	Kochila (T)15 yrs	Strychnos nuxvomica Fam: loganiaceae	Seed	-	Nervous, Paralysis, healing wound.
	Harida (T)	Terminalia Chebula Fam: Combretaceae	Seed	Rs. 80 per K Powder	Trifala, wound ulcer, leprosy, inflammation, Cough.
	Bahada (T)	TerminaliaBelleric a Fam:comretacea e	Seed, Bark	Fruit – Rs 20/k Powder- Rs 100/k	Cough, Insomnia, Dropsy, Vomiting, Ulcer, Trifala.
	Gokhur (H) CrawlingPuncture Vine/1 yr	Tribulus Terrestris Fam: Lygophyllaceae	Whole Plant	Plant-Rs 10/K Fruit –Rs 15/k	Sweet cooling, Aphrodisiac, appetizer, Digestive, Urinary.
	Neem (T)	Azardirchata – indica Fam : Mahaceae	Rhizome	Rs 45/k	Sdedative, analgesic, epilepsy, hypertensive.
	Anantamool/sariva (S)Indian Sarap sarilla	Hemibi smus Indicus Fam: Asclepiadaceae	Root/ Leaf	Rs 45/k root Rs 90/kPowd er	Appetiser, Carminative, aphrodisiac, Astringent.
	Bach (H) Sweet Flag/1 yr	Acorus Calamus Fam : araceae	Rhizome	Rs 45/K	Sdedative, analgesic, tpilepsy, hypertensive.

	Vasa (S)	Adhatoda vesica Fam : Sacanthaceae	Whole Plant	Leaf – Rs 25/ k	Antispasmodic, respiratory, Stimulant.
	Nageswar (T) Nag Champa	Mesua Ferrea Fam : Guttiferae	Bark, Leaf, Flower	Flower – Rs 120/k Powder Rs 175/k	Asthma, Skin, Burning, Vomiting, Dysentry, Piles.
	Benachar (S) Khus/khus	Vetiveria Ziziinoides Fam : Toaceae / Graminae	Root	Flower – Rs 120/k Powder Rs 175/k	Hyperdisia, Burning, ulcer, Skin, Vomiting.
	Mandukparni (H) Indianpennywort	Centella asiatica Fam : Umdelliferae	Whole plant	-	Antiinflammatory, Jundice, Diuretic, Diarrhoea.
	Kaincha/CreeperBaid anka	Mucuna Truriens Fam : Fabaceae	Root, Hair, - Seed, Leaf	-	Nervous, Disorder, Constipation, Nephroaphy, Strangury, Dropsy.
	Dalchini Perennial Shrub	Cinnamomum Zeylanicum Fam : Lauraceae	Bark, Oil	-	Bronchitis, Asthma, Cardiac, Disorder, Fever.
	Kurai (S)	Holorheena antidysentrica Fam:apocyaceae	Bark, Seed	-	Scabies, Antipyretic, Amoibic dysentery.
	Kantakari / Akranti Perennial (H)	Solanum Xanthocarpum Fam : Solanaceae	Whole Plant, Fruit, Seed	-	